

Dill Chix BearCat Sandwich

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-45621

Ingredients

Description	Measurement	Prep Instructions	DistPart #
wg 4 inch Hamburger Bun x	1 bun	BAKE Toast if desired	3474
CHIX BRST FLLT BRD DILL CKD	1 Each	Basic Preparation Conventional Oven: 14-16 minutes at 375 degrees F. Turn product after 6 minutes. Convection Oven: 13-15 minutes at 375 degrees F. Turn product after 6 minutes. Fryer: 3.5-4 minutes at 350 degrees F.	627323
PICKLE DILL CHP HAMB	1 Slice		156191

Preparation Instructions

1.

Basic Preparation

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Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	3.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	369.90
Fat	9.80g
Saturated Fat	1.50g
Trans Fat	0.00g
Cholesterol	63.00mg
Sodium	1048.80mg
Carbohydrates	42.00g
Fiber	3.20g
Total Sugar	6.00g
Added Sugar	0.00g
Protein	27.30g
Vitamin A 59.54mcg RAE	Vitamin C 0.01mg
Calcium 101.77mg	Iron 3.93mg

Nutrition - Per 100g

No 100g Conversion Available