

Baked Beans

NO IMAGE

Servings:	24.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44268

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Brown Sugar	1 Pound	READY_TO_EAT	860311
KETCHUP BIB 33 FCY 3GAL CRWNCOLL	1 1/2 Cup		129660
3/8 Inch Diced Onions, Grade A, Frozen	1 Cup	HEAT_AND_SERVE REMOVE DESIRED AMOUNT OF VEGETABLES FROM CASE (OR BAG) AND HEAT TO 165°F PRIOR TO SERVING FOR FOOD SAFETY AND QUALITY.	377748
BEAN BAKED ORIG	1 #10 CAN	Heat and serve. Warm in 350 degree oven for approx 30 minutes.	520098

Preparation Instructions

Bake 325 for 1 hour and 15 minutes - cover pan the first half of cooking process and then remove cover to finish cooking

CCP Hot hold 135F or above

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.046
Beans, Peas, and Lentils	0.500
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 24.00

Serving Size: 0.50 Cup

Amount Per Serving	
Calories	185.07
Fat	1.08g
Saturated Fat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	774.79mg
Carbohydrates	38.15g
Fiber	5.48g
Total Sugar	17.38g
Added Sugar	12.02g
Protein	7.64g
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 55.74mg	Iron 2.05mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

Calories	979.20
Fat	5.70g
Saturated Fat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	4099.43mg
Carbohydrates	201.84g
Fiber	29.00g
Total Sugar	91.95g
Added Sugar	63.61g
Protein	40.41g
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 294.92mg	Iron 10.87mg

**One or more nutritional components are missing from at least one item on this recipe.