

Loaded Baked Potato Bar

NO IMAGE

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44325

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHILI BEEF W/BEAN	12 1/2 Cup	KEEP FROZEN Place sealed bag in a steamer or in boiling water. Heat Approximately 30 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned	344012
BACON CRUMBLES CKD 12-1 GCHC	100 Ounce	THAW THAW IN REFRIGERATOR OVERNIGHT. FULLY COOKED, JUST HEAT AND SERVE	357220
POTATO BAKER IDAHO 6Z 2	100 Each		328731
BROCCOLI FLORETS	25 Cup	Place frozen broccoli in 6" steam table pan and place in steamer for 10-15 minutes or until internal temperature reaches 135 degrees F for 15 seconds or longer.	610902
JTM Cheddar Cheese Sauce Boil in Bag	12 1/2 Cup		15013
SOUR CREAM PKT	100 Each		745903
ROLL WHE WGRAIN BKD 72-2Z MAKTCH	100 Each		536890

Preparation Instructions

1 potato
2oz cheese sauce
1oz green onions
2oz bacon bits

2oz broccoli

1 Sour Cream packet

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.250
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.500

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	348.64
Fat	9.65g
Saturated Fat	5.35g
Trans Fat	0.00g
Cholesterol	32.58mg
Sodium	269.07mg
Carbohydrates	59.96g
Fiber	13.59g
Total Sugar	13.68g
Added Sugar	0.00g
Protein	14.26g
Vitamin A 53.35mcg RAE	Vitamin C 0.41mg
Calcium 90.56mg	Iron 3.00mg

Nutrition - Per 100g

Calories	513.91
Fat	14.23g
Saturated Fat	7.89g
Trans Fat	0.00g
Cholesterol	48.02mg
Sodium	396.63mg
Carbohydrates	88.38g
Fiber	20.03g
Total Sugar	20.16g
Added Sugar	0.00g
Protein	21.02g
Vitamin A 78.64mcg RAE	Vitamin C 0.60mg
Calcium 133.49mg	Iron 4.43mg