

Grab&Go-Crispy Chicken Caesar Salad



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44330

Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE BLND ICEBERG/ROMN	2 Cup	Hold at 41F.	600504
CROUTON CHS GARL WGRAIN	2 Package	READY_TO_EAT Ready to use.	661022
DRESSING CAESAR RYL PKT	1 Each		554758
CHIX BRST TNDR BRD WGRAIN 4.5Z	3 Piece	Basic Preparation Conventional Oven 20 min at 350 degrees F. Convection Oven 14 min at 350 degrees F	202490
CHEESE PARM GRTD	1 Ounce		164259

Preparation Instructions

Assemble lettuce in clamshell # 771981.

Sprinkle lettuce with cheese.

Top with chicken.

Serve croutons outside of the container in a basket.

*You must use the cook chill method for the chicken. Cook chicken in the morning at 375 for 6-8 min. or until internal temperature reaches 165F. Cool down below 71F within 2 hours, cool to under 41F within another hour.

Hold for service at 41F.

Meal Components

Amount Per Serving

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Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	1.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	560.00
Fat	29.75g
Saturated Fat	5.00g
Trans Fat	0.00g
Cholesterol	75.00mg
Sodium	1227.50mg
Carbohydrates	40.00g
Fiber	4.00g
Total Sugar	5.00g
Added Sugar	3.00g
Protein	30.00g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 89.50mg	Iron 4.00mg

Nutrition - Per 100g

Nutrition - Per 100g	
Calories	945.95
Fat	50.25g
Saturated Fat	8.45g
Trans Fat	0.00g
Cholesterol	126.69mg
Sodium	2073.48mg
Carbohydrates	67.57g
Fiber	6.76g
Total Sugar	8.45g
Added Sugar	5.07g
Protein	50.68g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 151.18mg	Iron 6.76mg