

with Sister Schubert's Dinner Rolls

NO IMAGE

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-57053
School:	Walton-Verona K-5		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
ROLL YEAST DNNR	1 Each		444679

Preparation Instructions

Heat in oven

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	1.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	3.12
Fat	0.09g
Saturated Fat	0.02g
Trans Fat	0.00g
Cholesterol	0.22mg
Sodium	5.45mg
Carbohydrates	0.49g
Fiber	0.02g
Total Sugar	0.09g
Added Sugar	0.09g
Protein	0.08g
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 0.12mg	Iron 0.03mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

Calories	312.30
Fat	9.10g
Saturated Fat	2.30g
Trans Fat	0.15g
Cholesterol	22.00mg
Sodium	544.70mg
Carbohydrates	49.00g
Fiber	1.50g
Total Sugar	9.00g
Added Sugar	9.00g
Protein	7.60g
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 12.36mg	Iron 2.57mg

**One or more nutritional components are missing from at least one item on this recipe.