

Mandarin Orange Chicken



Servings:	1.00	Category:	Entree
Serving Size:	3.60 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-57054
School:	Walton-Verona K-5		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
ENTREE CHIX MAND ORNG W/SCE 6-5# YANG	3 3/4 Ounce		550512

Preparation Instructions

Basic Preparation

Prepare from frozen state. Place a single layer of chicken on baking sheet. Heat at 400F for 16-20 minutes or until golden brown or internal temperature reaches 165F. Heat sauce in steamer, low boil in the bag or microwave. Add sauce to chicken just prior to serving. Mix thoroughly to cover all chicken pieces.

32 servings per tray- may need to add a little water to thin the stickiness

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 3.60 Ounce

Amount Per Serving	
Calories	150.00
Fat	3.00g
Saturated Fat	0.50g
Trans Fat	0.00g
Cholesterol	40.00mg
Sodium	280.00mg
Carbohydrates	19.00g
Fiber	0.00g
Total Sugar	10.00g
Added Sugar	11.00g
Protein	11.00g
Vitamin A 0.00mcg RAE	Vitamin C 1.20mg
Calcium 0.00mg	Iron 0.72mg

Nutrition - Per 100g

Calories	146.97
Fat	2.94g
Saturated Fat	0.49g
Trans Fat	0.00g
Cholesterol	39.19mg
Sodium	274.35mg
Carbohydrates	18.62g
Fiber	0.00g
Total Sugar	9.80g
Added Sugar	10.78g
Protein	10.78g
Vitamin A 0.00mcg RAE	Vitamin C 1.18mg
Calcium 0.00mg	Iron 0.71mg