

Chicken Taquito



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-56025
School:	Walton-Verona K-5		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Diced Chicken	2 Ounce	Heat chicken to 165 and season with fajita mix	
Shredded Cheddar Cheese	1 Ounce		100003
SEASONING FAJITA MIX	1/4 Teaspoon	1 package per 10# of chicken	518298
TORTILLA FLOUR 10 12-12CT GRSZ	1 Each	READY_TO_EAT	713340

Preparation Instructions

Take 2 wrap and fill each one with 1 oz of fajita meat
Top with cheese
Student can top fajita with fajita blend

Meal Components

Amount Per Serving

Meat/Meat Alternate	3.000
Grain	2.500
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	384.50
Fat	16.00g
Saturated Fat	8.50g
Trans Fat	0.00g
Cholesterol	72.00mg
Sodium	708.50mg
Carbohydrates	33.75g
Fiber	1.00g
Total Sugar	2.00g
Added Sugar	1.00g
Protein	23.00g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 60.00mg	Iron 2.10mg

Nutrition - Per 100g

Calories	452.09
Fat	18.81g
Saturated Fat	9.99g
Trans Fat	0.00g
Cholesterol	84.66mg
Sodium	833.04mg
Carbohydrates	39.68g
Fiber	1.18g
Total Sugar	2.35g
Added Sugar	1.18g
Protein	27.04g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 70.55mg	Iron 2.47mg