

Coleslaw

NO IMAGE

Servings:	24.00	Category:	Vegetable
Serving Size:	4.00 Ounce	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-52000
School:	Walton-Verona High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
COLE SLAW SHRED SEP BAG 1/8IN	80 Ounce		198226
DRESSING COLESLAW THE ORIG	3 Cup		146612

Preparation Instructions

Blend coleslaw and Coleslaw dressing and dip in 4 oz souffle

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	3.333
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 24.00

Serving Size: 4.00 Ounce

Amount Per Serving	
Calories	56.05
Fat	0.06g
Saturated Fat	0.01g
Trans Fat	0.00g
Cholesterol	0.06mg
Sodium	45.85mg
Carbohydrates	11.15g
Fiber	4.44g
Total Sugar	6.70g
Added Sugar	0.03g
Protein	2.22g
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 77.78mg	Iron 0.00mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

Calories	59.31
Fat	0.06g
Saturated Fat	0.01g
Trans Fat	0.00g
Cholesterol	0.06mg
Sodium	48.51mg
Carbohydrates	11.79g
Fiber	4.70g
Total Sugar	7.09g
Added Sugar	0.03g
Protein	2.35g
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 82.30mg	Iron 0.00mg

**One or more nutritional components are missing from at least one item on this recipe.