

# Breakfast Burrito

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Each	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-20293

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
EGG SCRMBD CKD W/BCN CHS	2 Ounce	Weight	533034
POTATO SEAS DELI ROASTERS	7 Piece	N/A	726590
TORTILLA FLOUR ULTRGR 6"	1 Each		882690
CHEESE BLND CHED/MONTRY JK SHRD	1/8 Cup	2 Tablespoons	712131

## Preparation Instructions

Eggs and Potatoes: Cook according to directions on case.

Tortilla: Place in warmer to warm up.

For service: Place tortilla on flat surface and place 2 ounce weight of scrambled eggs in center of tortilla. Then top egg with shredded cheese and then 7 pieces of potato. Fold the sides the left and right sides of the tortilla in, just slightly over the edges of the filling. While holding the sides in place, bring the bottom flap of the tortilla up and over the filling. Use your thumbs to gently tuck the filling tightly underneath, then roll the burrito upward toward the top. Place the finished burrito seam-side down.

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	2.250
<b>Grain</b>	1.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.250

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
<b>Calories</b>	331.82
<b>Fat</b>	19.91g
<b>Saturated Fat</b>	8.66g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	183.00mg
<b>Sodium</b>	583.03mg
<b>Carbohydrates</b>	25.67g
<b>Fiber</b>	2.54g
<b>Total Sugar</b>	2.54g
<b>Added Sugar</b>	0.00g
<b>Protein</b>	14.18g
<b>Vitamin A</b> 0.00mcg RAE	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 194.42mg	<b>Iron</b> 1.88mg

## Nutrition - Per 100g

<b>Calories</b>	585.21
<b>Fat</b>	35.12g
<b>Saturated Fat</b>	15.27g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	322.75mg
<b>Sodium</b>	1028.27mg
<b>Carbohydrates</b>	45.28g
<b>Fiber</b>	4.48g
<b>Total Sugar</b>	4.48g
<b>Added Sugar</b>	0.00g
<b>Protein</b>	25.01g
<b>Vitamin A</b> 0.00mcg RAE	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 342.90mg	<b>Iron</b> 3.32mg