

Grilled Chicken Bacon Cheese Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-58693
School:	Concord Jr. High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST GRLLD CKD 3Z	1 Each	N/A	152121
BACON TKY CKD	1 Slice		834770
CHEESE PROV NAT SLCD .75Z	1/2 Slice		726532
Whole Wheat Hamburger Bun	1 Each		51458

Preparation Instructions

Grilled Chicken and Bacon: Cook according to directions on package.

For service: Place 1 slice of Bacon and 1/2 slice of cheese on the chicken . Next place the chicken on a bun , wrap with yellow foil paper . Place on to a sheet pan . Place in the warmer , and serve.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.500
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	326.43
Fat	8.93g
Saturated Fat	2.61g
Trans Fat	0.00g
Cholesterol	73.75mg
Sodium	800.73mg
Carbohydrates	27.00g
Fiber	2.50g
Total Sugar	3.00g
Added Sugar	0.18g
Protein	32.29g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 143.50mg	Iron 2.06mg

Nutrition - Per 100g

Calories	6451.23
Fat	176.46g
Saturated Fat	51.53g
Trans Fat	0.00g
Cholesterol	1457.53mg
Sodium	15824.74mg
Carbohydrates	533.60g
Fiber	49.41g
Total Sugar	59.29g
Added Sugar	3.53g
Protein	638.06g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 2835.97mg	Iron 40.80mg