

Condiment-Fixin Lettuce/Tomato/Onion/Pickle

NO IMAGE

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Slice	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-58593
School:	Walton-Verona K-5		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Tomato Slice	1 Slice		
leaf lettuce	1 Slice	READY_TO_DRINK	702525
RED ONION	1 Slice		15N63
PICKLE DILL CHP HAMB	2 Slice		156191

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Slice

Amount Per Serving	
Calories	79.00**
Fat	0.00g**
Saturated Fat	0.00g**
Trans Fat	0.00g**
Cholesterol	0.00mg**
Sodium	254.33mg**
Carbohydrates	14.78g**
Fiber	3.20g**
Total Sugar	6.53g**
Added Sugar	0.00g**
Protein	2.18g**
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 32.00mg**	Iron 0.58mg**

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available