

Fries Straight



Servings:	120.00	Category:	Vegetable
Serving Size:	2.50 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44495

Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRIES 1/2" S/C XLNG SKN-ON SEAS	25 Pound	BAKE PREHEAT OVEN TO 450° F. PLACE FROZEN FRIES IN A SINGLE LAYER ON A SHALLOW BAKING PAN. BAKE FOR 18 TO 22 MINUTES. CONVECTION PREHEAT OVEN TO 425° F. SPREAD FROZEN FRIES EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 10 TO 14 MINUTES, TURNING ONCE FOR UNIFORM COOKING.	230962

Preparation Instructions

1 case yields 120 servings

1 bag yields 20 servings- 2.5 oz portion

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.500

Nutrition Facts

Servings Per Recipe: 120.00

Serving Size: 2.50 Ounce

Amount Per Serving	
Calories	166.67
Fat	5.56g
Saturated Fat	0.56g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	188.89mg
Carbohydrates	27.78g
Fiber	2.22g
Total Sugar	0.00g
Added Sugar	0.00g
Protein	2.22g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 0.00mg	Iron 0.80mg

Nutrition - Per 100g

Calories	176.37
Fat	5.88g
Saturated Fat	0.59g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	199.88mg
Carbohydrates	29.39g
Fiber	2.35g
Total Sugar	0.00g
Added Sugar	0.00g
Protein	2.35g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 0.00mg	Iron 0.85mg