

# Deli Turkey Lunchable PK

NO IMAGE

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Serving	<b>HACCP Process:</b>	No Cook
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-45188
<b>School:</b>	Walton-Verona Early Childhood Center		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CRACKER GLDFSH CHED WGRAIN	1 Package		736280
TURKEY BRST DELI SHVD FRSH	1 Slice		779170
CHEESE AMER YEL 120CT SLCD	1 Slice		164216

## Preparation Instructions

Place items on serving tray with sides

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	1.125
<b>Grain</b>	1.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
<b>Calories</b>	200.00
<b>Fat</b>	9.00g
<b>Saturated Fat</b>	4.00g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	27.50mg
<b>Sodium</b>	640.00mg
<b>Carbohydrates</b>	16.00g
<b>Fiber</b>	0.00g
<b>Total Sugar</b>	1.50g
<b>Added Sugar</b>	0.50g
<b>Protein</b>	9.50g
<b>Vitamin A</b> 0.00mcg RAE	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 132.00mg	<b>Iron</b> 0.95mg

## Nutrition - Per 100g

<b>Calories</b>	705.47
<b>Fat</b>	31.75g
<b>Saturated Fat</b>	14.11g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	97.00mg
<b>Sodium</b>	2257.50mg
<b>Carbohydrates</b>	56.44g
<b>Fiber</b>	0.00g
<b>Total Sugar</b>	5.29g
<b>Added Sugar</b>	1.76g
<b>Protein</b>	33.51g
<b>Vitamin A</b> 0.00mcg RAE	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 465.61mg	<b>Iron</b> 3.35mg