

Cinnamon Goldfish Cracker



| | | | |
|----------------------|--------------------------|-----------------------|---------|
| Servings: | 1.00 | Category: | Grain |
| Serving Size: | 1.00 Package | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-45235 |
| School: | Walton-Verona Elementary | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---------------------|-------------|--------------------------------|------------|
| CRACKER GLDFSH CINN | 1 Package | READY_TO_EAT Ready to Enjoy | 194510 |

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

| | |
|---------------------------------|-------|
| Meat/Meat Alternate | 0.000 |
| Grain | 1.000 |
| Fruit | 0.000 |
| DarkGreen | 0.000 |
| Red/Orange | 0.000 |
| OtherVeg | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starchy | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Package

| Amount Per Serving | |
|------------------------------|-------------------------|
| Calories | 120.00 |
| Fat | 4.00g |
| Saturated Fat | 1.00g |
| Trans Fat | 0.00g |
| Cholesterol | 0.00mg |
| Sodium | 140.00mg |
| Carbohydrates | 19.00g |
| Fiber | 1.00g |
| Total Sugar | 7.00g |
| Added Sugar | 0.00g |
| Protein | 1.00g |
| Vitamin A 0.00mcg RAE | Vitamin C 0.00mg |
| Calcium 100.00mg | Iron 2.00mg |

Nutrition - Per 100g

No 100g Conversion Available