

# WG Chocolate Muffin with String Cheese

NO IMAGE

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Serving	<b>HACCP Process:</b>	No Cook
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-45311
<b>School:</b>	Walton-Verona Early Childhood Center		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
MUFFIN CHOC/CHOC CHP WGRAIN IW	1 Each		557991
Mozzarella String Cheese Portions	1 Ounce		122212

## Preparation Instructions

No Preparation Instructions available.

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	1.000
<b>Grain</b>	1.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
<b>Calories</b>	274.00
<b>Fat</b>	12.00g
<b>Saturated Fat</b>	5.75g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	53.14mg
<b>Sodium</b>	328.00mg
<b>Carbohydrates</b>	34.40g
<b>Fiber</b>	2.00g
<b>Total Sugar</b>	17.87g
<b>Added Sugar</b>	17.00g
<b>Protein</b>	9.31g
<b>Vitamin A</b> 0.00mcg RAE**	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 238.00mg	<b>Iron</b> 1.56mg

\*\*One or more nutritional components are missing from at least one item on this recipe.

## Nutrition - Per 100g

<b>Calories</b>	966.49
<b>Fat</b>	42.33g
<b>Saturated Fat</b>	20.28g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	187.44mg
<b>Sodium</b>	1156.97mg
<b>Carbohydrates</b>	121.34g
<b>Fiber</b>	7.05g
<b>Total Sugar</b>	63.03g
<b>Added Sugar</b>	59.96g
<b>Protein</b>	32.84g
<b>Vitamin A</b> 0.00mcg RAE**	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 839.51mg	<b>Iron</b> 5.50mg

\*\*One or more nutritional components are missing from at least one item on this recipe.