

# Cucumber and Baby Tomato PK

NO IMAGE

|                      |                                      |                       |           |
|----------------------|--------------------------------------|-----------------------|-----------|
| <b>Servings:</b>     | 1.00                                 | <b>Category:</b>      | Vegetable |
| <b>Serving Size:</b> | 0.25 Cup                             | <b>HACCP Process:</b> | No Cook   |
| <b>Meal Type:</b>    | Lunch                                | <b>Recipe ID:</b>     | R-45368   |
| <b>School:</b>       | Walton-Verona Early Childhood Center |                       |           |

## Ingredients

| Description  | Measurement | Prep Instructions       | DistPart # |
|--------------|-------------|-------------------------|------------|
| Cucumber     | 3 Slice     | Wash and Slice Cucumber | 16P98      |
| TOMATO GRAPE | 2 Each      | Wash baby tomato        | 749041     |

## Preparation Instructions

Assemble on compartment tray- Cold service

## Meal Components

Amount Per Serving

|                                 |       |
|---------------------------------|-------|
| <b>Meat/Meat Alternate</b>      | 0.000 |
| <b>Grain</b>                    | 0.000 |
| <b>Fruit</b>                    | 0.000 |
| <b>DarkGreen</b>                | 0.000 |
| <b>Red/Orange</b>               | 0.333 |
| <b>OtherVeg</b>                 | 0.250 |
| <b>Beans, Peas, and Lentils</b> | 0.000 |
| <b>Starchy</b>                  | 0.000 |

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.25 Cup

| Amount Per Serving             |                           |
|--------------------------------|---------------------------|
| <b>Calories</b>                | 0.20                      |
| <b>Fat</b>                     | 0.01g                     |
| <b>Saturated Fat</b>           | 0.00g                     |
| <b>Trans Fat</b>               | 0.00g                     |
| <b>Cholesterol</b>             | 0.00mg                    |
| <b>Sodium</b>                  | 0.17mg                    |
| <b>Carbohydrates</b>           | 0.04g                     |
| <b>Fiber</b>                   | 0.01g                     |
| <b>Total Sugar</b>             | 0.01g                     |
| <b>Added Sugar</b>             | 0.00g                     |
| <b>Protein</b>                 | 0.01g                     |
| <b>Vitamin A</b> 0.00mcg RAE** | <b>Vitamin C</b> 0.00mg** |
| <b>Calcium</b> 0.07mg          | <b>Iron</b> 0.00mg        |

\*\*One or more nutritional components are missing from at least one item on this recipe.

## Nutrition - Per 100g

No 100g Conversion Available