

Wrap-Deli

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-46184
School:	Walton-Verona Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE AMER YEL 120CT SLCD	2 Slice		164216
TURKEY BRST SLCD OVN RSTD	3 Slice		689541
TORTILLA FLOUR 8IN	1 Each		713330

Preparation Instructions

Start with tortilla shell , Put turkey and sliced cheese on wrap and roll for service- have mustard and mayo packets for student selection

- Hold cold foods at 41 °F or below

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.250
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	320.00
Fat	13.75g
Saturated Fat	8.88g
Trans Fat	0.00g
Cholesterol	70.00mg
Sodium	1107.50mg
Carbohydrates	23.00g
Fiber	1.00g
Total Sugar	3.00g
Added Sugar	1.00g
Protein	22.50g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 256.00mg	Iron 1.00mg

Nutrition - Per 100g

Calories	518.98
Fat	22.30g
Saturated Fat	14.39g
Trans Fat	0.00g
Cholesterol	113.53mg
Sodium	1796.14mg
Carbohydrates	37.30g
Fiber	1.62g
Total Sugar	4.87g
Added Sugar	1.62g
Protein	36.49g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 415.18mg	Iron 1.62mg