

Chicken Alfredo

NO IMAGE

Servings:	50.00	Category:	Entree
Serving Size:	8.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-46219

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE CHS QUESO BLANCO FZ	5 Pound	BOIL KEEP FROZEN Place sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned.	722110
Water	4 Gallon	READY_TO_DRINK	Water
PASTA ROTINI	12 1/2 Pound		413360
CHICKEN, DICED, COOKED, FROZEN	4 Pound	STEAM	
SEASONING CREOLE 17Z	1 Tablespoon		171536
SEASONING GARLIC HRB NO SALT	1 Tablespoon		565164

Preparation Instructions

Place JTM Queso in perforated pan and steam 30-45minutes until internal temperatur reaches 135F
Place Chicken in steamer 30-45 minutes until reaches internal temp of 135F- Drain but leave some liquid.
Boil water in tilt kettle and add rotini- and cook till al dente 8-9minutes
Combine Drained pasta, queso and chicken with seasoning until well blended-
As it sits it will thicken
Hot hold 135F or above in steam pans for service

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.080
Grain	0.597
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 8.00 Ounce

Amount Per Serving	
Calories	183.36**
Fat	9.16g**
Saturated Fat	4.48g**
Trans Fat	0.01g**
Cholesterol	50.08mg**
Sodium	385.04mg**
Carbohydrates	9.44g**
Fiber	0.48g**
Total Sugar	0.40g**
Added Sugar	0.00g**
Protein	14.44g**
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 168.00mg**	Iron 0.36mg**

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

Calories	197.20**
Fat	9.85g**
Saturated Fat	4.82g**
Trans Fat	0.01g**
Cholesterol	53.86mg**
Sodium	414.11mg**
Carbohydrates	10.15g**
Fiber	0.52g**
Total Sugar	0.43g**
Added Sugar	0.00g**
Protein	15.53g**
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 180.68mg**	Iron 0.39mg**

**One or more nutritional components are missing from at least one item on this recipe.