

Grab&Go Deli Sub

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-44304

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Cheese, Processed, Sliced Yellow	2 Slice		100018
TURKEY BRST DELI SHVD FRSH	2 Ounce		779170
5" WG Split Top Hoagie Bun x	1 bun		3737

Preparation Instructions

Assemble Deli Sub- Hold 41F or lower for service

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.250
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	330.00
Fat	11.50g
Saturated Fat	5.00g
Trans Fat	0.00g
Cholesterol	40.00mg
Sodium	930.00mg
Carbohydrates	32.00g
Fiber	0.00g
Total Sugar	6.00g
Added Sugar	1.00g
Protein	20.00g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 0.00mg	Iron 0.50mg

Nutrition - Per 100g

Calories	388.01
Fat	13.52g
Saturated Fat	5.88g
Trans Fat	0.00g
Cholesterol	47.03mg
Sodium	1093.47mg
Carbohydrates	37.62g
Fiber	0.00g
Total Sugar	7.05g
Added Sugar	1.18g
Protein	23.52g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 0.00mg	Iron 0.59mg