

Assorted BeneFIT Bars

Servings:	5.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-51889
School:	Beiriger and Wadsworth Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BAR BKFST OATML CHOC CHP	1 Each		240721
BAR BKFST BAN CHOC CHNK IW	1 Each		875860
BAR BKFST APPL CINN	1 Each		879671
BAR BKFST CELEB CAKE	1 Each		997068
BAR BKFST FREN TST	1 Each		563413

Preparation Instructions

Updated 4.2.2026

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 5.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	364.00
Fat	11.50g
Saturated Fat	2.40g
Trans Fat	0.00g
Cholesterol	21.50mg
Sodium	273.00mg
Carbohydrates	49.70g
Fiber	3.85g
Total Sugar	27.00g
Added Sugar	11.80g
Protein	6.10g
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 39.00mg	Iron 2.45mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available