

Yogurt Pack

Servings:	2.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-43555
School:	Beiriger and Wadsworth Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE STRING MOZZ LT IW	2 Each		786801
SNACK MIX STRAWB YOG WGRAIN	2 Package	N/A	266020
CRACKER GLDFSH CHED WGRAIN	1 Package		736280
CRACKER CHEEZ-IT WGRAIN IW	1 Package		282422
YOGURT DANIMAL STRAWB BAN N/F	1 Each	N/A	869921
YOGURT RASPB RNBW L/F	1 Each	N/A	551770

Preparation Instructions

Package together 1Yogurt, 1 String cheese and 1 package of Goldfish OR Cheez-its, and 1 package of Strawberry Yogurt Chex

Updated 8.13.25

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.250
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 2.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	365.00
Fat	9.25g
Saturated Fat	3.25g
Trans Fat	0.00g
Cholesterol	12.50mg
Sodium	475.00mg
Carbohydrates	52.50g
Fiber	2.50g
Total Sugar	16.50g
Added Sugar	10.00g
Protein	15.00g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 380.00mg	Iron 1.41mg

Nutrition - Per 100g

Calories	3433.68
Fat	87.02g
Saturated Fat	30.57g
Trans Fat	0.00g
Cholesterol	117.59mg
Sodium	4468.49mg
Carbohydrates	493.89g
Fiber	23.52g
Total Sugar	155.22g
Added Sugar	94.07g
Protein	141.11g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 3574.79mg	Iron 13.26mg