

Deli Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-38487
School:	Beiriger and Wadsworth Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TURKEY BRST SLCD OVN RSTD	4 Slice		689541
CCS WHITE Land O'Lakes American Cheese, Sliced	1 slices		499787
BUN SUB SLCD WGRAIN 5"	1 Each		276142

Preparation Instructions

Updated 8.13.25

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.500
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Sandwich

Amount Per Serving	
Calories	291.66
Fat	3.52g**
Saturated Fat	3.51g
Trans Fat	0.00g
Cholesterol	53.33mg
Sodium	869.31mg
Carbohydrates	30.00g
Fiber	2.00g
Total Sugar	4.50g
Added Sugar	4.00g
Protein	25.87g
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 131.00mg	Iron 2.05mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

Calories	347.58
Fat	4.20g**
Saturated Fat	4.18g
Trans Fat	0.00g
Cholesterol	63.55mg
Sodium	1036.00mg
Carbohydrates	35.75g
Fiber	2.38g
Total Sugar	5.36g
Added Sugar	4.77g
Protein	30.83g
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 156.12mg	Iron 2.44mg

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