

Spanish Rice

Servings:	50.00	Category:	Grain
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-76292
School:	Concord Community Elementary Schools		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SPICE ONION MINCED	1/2 Cup		513997
SAUCE TOMATO	2 Quart	N/A	306347
Tap Water	1 Gallon		
RICE JASMINE	3 Pound + 12 Ounce	***Non-Whole Grain***	230782
SPICE GARLIC POWDER	2 Tablespoon		224839
SPICE CUMIN GRND	2 Tablespoon		273945
SPICE PAPRIKA SPANISH	2 Tablespoon		225002
SAUCE HOT	1/4 Cup	N/A	839852
CHILIES GREEN DCD	1/2 Cup	Drained	131460

Preparation Instructions

1. Lightly coat 2 full size 2-inch steam table pan with food release spray.
2. Pour 1 quart tomato sauce, 1/4 cup minced onion and 2 quarts water into each pan. Whisk together.
3. Add 1 pound 14 ounces of uncooked rice to each pan.
4. Add 1 tablespoon of each seasoning (garlic, cumin, and paprika) into each pan.
5. Add 2 tablespoons of hot sauce and ¼ cup green chilies to each pan. Whisk together to combine.
6. Steam for approximately 25 minutes, or until the rice is al dente.
*Critical Control Point: Heat to 165°F or higher for at least 15 seconds.
7. Fluff with utensil and cover with plastic wrap.
8. Serve ½ cup using a No. 8 scoop.
*Critical Control Point: Hold for service at 135°F or higher.

Note: This is a Non-Whole Grain item.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	1.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 0.50 Cup

Amount Per Serving	
Calories	174.60
Fat	0.00g
Saturated Fat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	224.81mg
Carbohydrates	40.86g
Fiber	0.64g
Total Sugar	1.36g
Added Sugar	0.00g
Protein	3.66g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 0.80mg	Iron 0.83mg

Nutrition - Per 100g

Calories	513.22
Fat	0.00g
Saturated Fat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	660.80mg
Carbohydrates	120.12g
Fiber	1.88g
Total Sugar	4.00g
Added Sugar	0.00g
Protein	10.75g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 2.35mg	Iron 2.45mg