

Salisbury Steak

Servings:	30.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-12640
School:	Concord High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF STK SMKY GRLL	30 Each	N/A	451400
GRAVY BROWN	1 #5 CAN	N/A	673617

Preparation Instructions

Make gravy according to package directions.
Pour 1 can gravy over each pan of 30 Salisbury Steaks.
Heat.
Serve with dinner roll.

Updated 6.11.26

Meal Components

Amount Per Serving

Meat/Meat Alternate	3.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 30.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	253.67
Fat	17.95g
Saturated Fat	7.00g
Trans Fat	1.00g
Cholesterol	70.00mg
Sodium	578.30mg
Carbohydrates	3.79g
Fiber	0.00g
Total Sugar	1.89g
Added Sugar	0.00g
Protein	16.00g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 0.00mg	Iron 0.00mg

Nutrition - Per 100g

No 100g Conversion Available
