

Tomato Soup

Servings:	53.00	Category:	Vegetable
Serving Size:	0.75 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-10639
School:	Ox Bow Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SOUP TOMATO	5 #5 CAN		101427
1% Low Fat White Milk*	35 Carton		13871

Preparation Instructions

Updated 5.28.26

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.500
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 53.00

Serving Size: 0.75 Cup

Amount Per Serving	
Calories	186.63
Fat	1.65g
Saturated Fat	0.99g
Trans Fat	0.00g
Cholesterol	9.91mg
Sodium	722.38mg
Carbohydrates	34.06g
Fiber	1.34g
Total Sugar	23.34g
Added Sugar	9.38g
Protein	7.96g
Vitamin A 92.45mcg RAE	Vitamin C 0.00mg
Calcium 218.31mg	Iron 0.87mg

Nutrition - Per 100g

No 100g Conversion Available