

# Turkey Lunchable Kit

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Each	<b>HACCP Process:</b>	No Cook
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-28207
<b>School:</b>	Concord Community Elementary Schools		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
TURKEY BRST SMKD COIN 1.75IN SLCD	3 3/10 Ounce	5 slices per serving	394123
CHEESE COLBY JK CUBE IW 200-1Z LOL	2 Each		680130
CRACKER CHEEZ-IT WGRAIN IW	1 Package		282422

## Preparation Instructions

Package 1 bag of cheese cubes, 5 slices of turkey coins, and 1 package of cheez-its together.

Updated 5.29.26

### Meal Components

Amount Per Serving

Amount Per Serving	
<b>Meat/Meat Alternate</b>	2.000
<b>Grain</b>	1.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

### Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
<b>Calories</b>	380.30
<b>Fat</b>	19.00g
<b>Saturated Fat</b>	9.50g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	90.15mg
<b>Sodium</b>	1001.49mg
<b>Carbohydrates</b>	16.00g
<b>Fiber</b>	1.00g
<b>Total Sugar</b>	0.00g
<b>Added Sugar</b>	0.00g
<b>Protein</b>	37.06g
<b>Vitamin A</b> 0.00mcg RAE	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 488.00mg	<b>Iron</b> 1.08mg

## Nutrition - Per 100g

<b>Calories</b>	221.74
<b>Fat</b>	11.08g
<b>Saturated Fat</b>	5.54g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	52.56mg
<b>Sodium</b>	583.92mg
<b>Carbohydrates</b>	9.33g
<b>Fiber</b>	0.58g
<b>Total Sugar</b>	0.00g
<b>Added Sugar</b>	0.00g
<b>Protein</b>	21.61g
<b>Vitamin A</b> 0.00mcg RAE	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 284.53mg	<b>Iron</b> 0.63mg