

# Bacon, Egg & Cheese on Croissant

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Sandwich	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-76297
<b>School:</b>	Concord Community Elementary Schools		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
BACON CKD RND	1 Each	N/A	433608
EGG SCRMBD PTY RND GRLLD	1 Each		208990
CHEESE, AMERICAN BLENDED, YELLOW, SKIM, SLICED	1 Slice	Use Brown Box Commodity---Use GFS#499789 when Brown Box not available	100036
CROISSANT MARG SLCD WGRAIN	1 Each		169268

## Preparation Instructions

Cook each item according to directions on items package. Assembly sandwich for service.

### Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	1.250
<b>Grain</b>	2.250
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

### Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Sandwich

Amount Per Serving	
<b>Calories</b>	305.00
<b>Fat</b>	15.00g
<b>Saturated Fat</b>	6.00g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	97.50mg
<b>Sodium</b>	740.01mg
<b>Carbohydrates</b>	31.00g
<b>Fiber</b>	2.00g
<b>Total Sugar</b>	3.50g
<b>Added Sugar</b>	3.00g
<b>Protein</b>	15.00g
<b>Vitamin A</b> 32.73mcg RAE	<b>Vitamin C</b> 0.01mg
<b>Calcium</b> 96.00mg	<b>Iron</b> 1.00mg

## Nutrition - Per 100g

<b>Calories</b>	2541.67
<b>Fat</b>	125.00g
<b>Saturated Fat</b>	50.00g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	812.51mg
<b>Sodium</b>	6166.71mg
<b>Carbohydrates</b>	258.33g
<b>Fiber</b>	16.67g
<b>Total Sugar</b>	29.17g
<b>Added Sugar</b>	25.00g
<b>Protein</b>	125.00g
<b>Vitamin A</b> 272.75mcg RAE	<b>Vitamin C</b> 0.08mg
<b>Calcium</b> 799.99mg	<b>Iron</b> 8.33mg