

Sausage, Egg, & Cheese Pancake Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-47902
School:	Concord Community Elementary Schools		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PANCAKE BTRMLK WGRAIN	2 Each	N/A	156101
EGG SCRMBD PTY RND GRLLD	1 Each		208990
SAUSAGE PTY TKY CKD	1 Each		184970
CHEESE, AMERICAN BLENDED, YELLOW, SKIM, SLICED	1 Slice		100036

Preparation Instructions

Cook each item according to directions on items package. Assembly sandwich for service.

Updated 4.20.26

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.250
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	305.00
Fat	13.00g
Saturated Fat	3.50g
Trans Fat	0.00g
Cholesterol	122.50mg
Sodium	500.00mg
Carbohydrates	32.00g
Fiber	2.00g
Total Sugar	10.50g
Added Sugar	4.00g
Protein	16.00g
Vitamin A 32.73mcg RAE	Vitamin C 0.01mg
Calcium 88.20mg	Iron 1.82mg

Nutrition - Per 100g

No 100g Conversion Available
