

Chicken Gravy

| | | | |
|----------------------|------------------|---------------------------|---------------------|
| Servings: | 128.00 | Category: | Condiments or Other |
| Serving Size: | 1.00 Fluid Ounce | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-30186 |
| School: | Knox Elementary | Grams Per Serving: | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-----------------------|-------------|-------------------|------------|
| GRAVY MIX CHIX | 1 Package | | 290025 |
| Tap Water for Recipes | 1 Gallon | | 000001WTR |

Preparation Instructions

ADD ONE PKG TO 1 GALLON BOILING WATER,BLEND W/WIRE WHIP & SIMMER FOR 1 MIN. EACH PKG MAKES APPROX 1 GALLON OR 64-2Z SRV GRAVY. CASE YIELDS 8 GALLONS OR 512-2Z SERVINGS.

Meal Components

Amount Per Serving

| | |
|---------------------------------|-------|
| Meat/Meat Alternate | 0.000 |
| Grain | 0.000 |
| Fruit | 0.000 |
| DarkGreen | 0.000 |
| Red/Orange | 0.000 |
| OtherVeg | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starchy | 0.000 |

Nutrition Facts

Servings Per Recipe: 128.00

Serving Size: 1.00 Fluid Ounce

| Amount Per Serving | |
|------------------------------|-------------------------|
| Calories | 19.45 |
| Fat | 0.28g |
| Saturated Fat | 0.00g |
| Trans Fat | 0.00g |
| Cholesterol | 0.00mg |
| Sodium | 133.40mg |
| Carbohydrates | 3.89g |
| Fiber | 0.00g |
| Total Sugar | 0.00g |
| Added Sugar | 0.00g |
| Protein | 0.00g |
| Vitamin A 0.00mcg RAE | Vitamin C 0.00mg |
| Calcium 0.00mg | Iron 0.00mg |

Nutrition - Per 100g

No 100g Conversion Available