

Tomato Soup

Servings:	26.00	Category:	Vegetable
Serving Size:	1.00 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-37304
School:	Knox Middle School	Grams Per Serving:	

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SOUP TOMATO	4 #5 CAN	N/A	488232
1% Low Fat White Milk*	4 Carton		13871

Preparation Instructions

Open tomato soup cans and put in a 6" pan. Add 4 cartons of white milk to each pan, stir well and cook in steamer for 40 minutes or until it reaches temperature. Hold in warmer until ready to serve.

Updated June 2025

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.625
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 26.00

Serving Size: 1.00 Cup

Amount Per Serving	
Calories	167.69
Fat	2.08g
Saturated Fat	0.23g
Trans Fat	0.00g
Cholesterol	2.31mg
Sodium	678.45mg
Carbohydrates	32.15g
Fiber	1.69g
Total Sugar	18.62g
Added Sugar	0.00g
Protein	4.62g
Vitamin A 21.54mcg RAE	Vitamin C 0.00mg
Calcium 61.54mg	Iron 0.69mg

Nutrition - Per 100g

No 100g Conversion Available