

# Variety of Juice

|                      |                 |                           |         |
|----------------------|-----------------|---------------------------|---------|
| <b>Servings:</b>     | 3.00            | <b>Category:</b>          | Fruit   |
| <b>Serving Size:</b> | 1.00 Each       | <b>HACCP Process:</b>     | No Cook |
| <b>Meal Type:</b>    | Breakfast       | <b>Recipe ID:</b>         | R-31349 |
| <b>School:</b>       | Knox Elementary | <b>Grams Per Serving:</b> |         |

## Ingredients

| Description           | Measurement | Prep Instructions | DistPart # |
|-----------------------|-------------|-------------------|------------|
| JUICE GRP 100% FRSH   | 1 Each      |                   | 118940     |
| JUICE ORNG 100% FRSH  | 1 Each      |                   | 118930     |
| JUICE APPLE 100% FRSH | 1 Each      |                   | 118921     |

## Preparation Instructions

No Preparation Instructions available.

### Meal Components

Amount Per Serving

|                                 |       |
|---------------------------------|-------|
| <b>Meat/Meat Alternate</b>      | 0.000 |
| <b>Grain</b>                    | 0.000 |
| <b>Fruit</b>                    | 0.500 |
| <b>DarkGreen</b>                | 0.000 |
| <b>Red/Orange</b>               | 0.000 |
| <b>OtherVeg</b>                 | 0.000 |
| <b>Beans, Peas, and Lentils</b> | 0.000 |
| <b>Starchy</b>                  | 0.000 |

### Nutrition Facts

Servings Per Recipe: 3.00

Serving Size: 1.00 Each

| Amount Per Serving           |                         |
|------------------------------|-------------------------|
| <b>Calories</b>              | 63.33                   |
| <b>Fat</b>                   | 0.00g                   |
| <b>Saturated Fat</b>         | 0.00g                   |
| <b>Trans Fat</b>             | 0.00g                   |
| <b>Cholesterol</b>           | 0.00mg                  |
| <b>Sodium</b>                | 0.40mg                  |
| <b>Carbohydrates</b>         | 15.00g                  |
| <b>Fiber</b>                 | 0.00g                   |
| <b>Total Sugar</b>           | 14.00g                  |
| <b>Added Sugar</b>           | 0.00g                   |
| <b>Protein</b>               | 0.03g                   |
| <b>Vitamin A</b> 0.00mcg RAE | <b>Vitamin C</b> 0.00mg |
| <b>Calcium</b> 7.07mg        | <b>Iron</b> 0.33mg      |

### Nutrition - Per 100g

No 100g Conversion Available