

Pizza Munchable

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-38580
School:	NEW PRAIRIE HIGH SCHOOL	Grams Per Serving:	29.31

Ingredients

Description	Measurement	DistPart #
FLATBREAD W/GRAIN 4"	2 Each	959048
PEPPERONI SLCD 14-16/Z	8 Each	729981
CHEESE MOZZ SHRD	1/2 Cup	645170
SAUCE MARINARA DIPN CUP	1 Each	677721

Preparation Instructions

Package together in container.

Updated 7.29.25

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.500
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	305.00
Fat	14.00g
Saturated Fat	4.75g
Trans Fat	0.00g
Cholesterol	22.50mg
Sodium	830.50mg
Carbohydrates	39.00g
Fiber	2.00g
Total Sugar	6.50g
Added Sugar	2.00g
Protein	12.50g
Vitamin A 0.10mcg RAE	Vitamin C 0.03mg
Calcium 141.50mg	Iron 1.58mg

Nutrition - Per 100g

Calories	1040.60
Fat	47.77g
Saturated Fat	16.21g
Trans Fat	0.00g
Cholesterol	76.77mg
Sodium	2833.50mg
Carbohydrates	133.06g
Fiber	6.82g
Total Sugar	22.18g
Added Sugar	6.82g
Protein	42.65g
Vitamin A 0.34mcg RAE	Vitamin C 0.10mg
Calcium 482.77mg	Iron 5.39mg