

Yogurt Box (K-8)

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-33228
School:	NEW PRAIRIE MIDDLE SCHOOL	Grams Per Serving:	168.96

Ingredients

Description	Measurement	DistPart #
YOGURT DANIMAL STRAWB N/F	1 Each	885750
Nature Valley Granola Cereal 25% Less Sugar Cinnamon Bulk pack	1/4 Cup	569744
SNACK MIX STRAWB YOG WGRAIN	1 Package	266020
CHEESE COLBY JK CUBE IW 200-1Z LOL	1 Each	680130

Preparation Instructions

Package all items together.

Offer with fruits, vegetables, and milk.

Updated 7.29.25

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	395.60
Fat	11.92g
Saturated Fat	5.00g
Trans Fat	0.00g
Cholesterol	20.00mg
Sodium	352.40mg
Carbohydrates	58.16g
Fiber	5.84g
Total Sugar	20.80g
Added Sugar	12.84g
Protein	15.88g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 294.00mg	Iron 0.70mg

Nutrition - Per 100g

Calories	234.14
Fat	7.05g
Saturated Fat	2.96g
Trans Fat	0.00g
Cholesterol	11.84mg
Sodium	208.57mg
Carbohydrates	34.42g
Fiber	3.46g
Total Sugar	12.31g
Added Sugar	7.60g
Protein	9.40g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 174.01mg	Iron 0.41mg