

Beef and Cheese Nachos

Servings:	50.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-12174
School:	NEW PRAIRIE HIGH SCHOOL	Grams Per Serving:	239.06

Ingredients

Description	Measurement	DistPart #
CHIP TORTL RND YEL	100 Ounce	163020
SAUCE CHS CHED	6 1/4 Cup	271081
Ground Beef Taco Meat	100 Ounce	R-32858

Preparation Instructions

1. Prepare taco meat according to recipe.

CCP: Heat to 165 F or higher for at least 15 seconds.

CCP: Hold for hot service at 135F or higher.

2. Place Tortilla Chips (20 chips) in a large clear nacho container. Please containers in warmer for approx. 1 hour prior to service.

3. Place 2 oz weight of taco meat on top of tortilla chips or on the side (student preference) at time of service. Pour 1 fluid ounce of cheese sauce over meat and chips.

4. The following items to be available on the cold service line: Shredded Lettuce, Tomatoes, Jalapenos, Sour Cream, Salsa.

Updated 7.30.25

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.500
Grain	2.500
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	498.43
Fat	23.37g
Saturated Fat	7.45g
Trans Fat	0.34g
Cholesterol	76.15mg
Sodium	990.06mg
Carbohydrates	45.97g
Fiber	6.48g
Total Sugar	0.50g
Added Sugar	0.00g
Protein	26.83g
Vitamin A 195.07mcg RAE	Vitamin C 0.00mg
Calcium 182.73mg	Iron 4.96mg

Nutrition - Per 100g

Calories	208.49
Fat	9.77g
Saturated Fat	3.12g
Trans Fat	0.14g
Cholesterol	31.85mg
Sodium	414.15mg
Carbohydrates	19.23g
Fiber	2.71g
Total Sugar	0.21g
Added Sugar	0.00g
Protein	11.22g
Vitamin A 81.60mcg RAE	Vitamin C 0.00mg
Calcium 76.44mg	Iron 2.08mg