

# Buttered Corn

<b>Servings:</b>	10.00	<b>Category:</b>	Vegetable
<b>Serving Size:</b>	0.50 Cup	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-16425

## Ingredients

Description	Measurement	DistPart #
CORN CUT IQF	5 Cup	283730
BUTTER ALT LIQ NT	10 Tablespoon	614640

## Preparation Instructions

Wash hands. Refer to our Standard Operating Procedures (SOP).

To steam place into steam pan and cook following manufacturer's directions. Once cooked drain liquid off and add butter alternative. Lightly mix butter to coat corn.

CCP: Hot vegetables should be cooked to 135° F held for 15 seconds.

Updated 1.26.24

### Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	0.000
<b>Grain</b>	0.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.500

### Nutrition Facts

Servings Per Recipe: 10.00

Serving Size: 0.50 Cup

Amount Per Serving	
<b>Calories</b>	200.00
<b>Fat</b>	14.50g
<b>Saturated Fat</b>	2.50g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	0.00mg
<b>Sodium</b>	85.00mg
<b>Carbohydrates</b>	18.00g
<b>Fiber</b>	2.00g
<b>Total Sugar</b>	2.00g
<b>Added Sugar</b>	0.00g
<b>Protein</b>	3.00g
<b>Vitamin A</b> 0.00mcg RAE	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 3.40mg	<b>Iron</b> 0.40mg

## **Nutrition - Per 100g**

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No 100g Conversion Available

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