

Philly Beef Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-76396
School:	NEW PRAIRIE HIGH SCHOOL	Grams Per Serving:	92.14

Ingredients

Description	Measurement	DistPart #
Seasoned Sliced Philly Beef Steak, Cooked, Frozen	2 3/4 Ounce	516133
CHEESE MOZZ SHRD	2 Tablespoon	645170
BUN SUB SLCD WGRAIN 5"	1 Each	276142

Preparation Instructions

Place 2.75 oz. weight (#12 scoop or 1/3 cup) on bun. Top with 2 Tbsp. mozzarella cheese.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.500
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	384.70
Fat	17.50g
Saturated Fat	6.85g
Trans Fat	0.71g
Cholesterol	61.50mg
Sodium	496.90mg
Carbohydrates	33.50g
Fiber	2.10g
Total Sugar	6.50g
Added Sugar	4.00g**
Protein	21.90g
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 158.50mg**	Iron 2.00mg**

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

Calories	417.52
Fat	18.99g
Saturated Fat	7.43g
Trans Fat	0.77g
Cholesterol	66.75mg
Sodium	539.29mg
Carbohydrates	36.36g
Fiber	2.28g
Total Sugar	7.05g
Added Sugar	4.34g**
Protein	23.77g
Vitamin A 0.00mcg RAE**	Vitamin C 0.00mg**
Calcium 172.02mg**	Iron 2.17mg**

**One or more nutritional components are missing from at least one item on this recipe.