

# French Toast with Sausage Links

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Serving	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-38271

## Ingredients

Description	Measurement	DistPart #
FRENCH TST STIX WGRAIN	4 Each	661062
SAUSAGE TKY LNK BKFST CKD	2 Each	352740

## Preparation Instructions

French Toast: Follow directions on box

Sausage links: Follow directions on box

Serving= Put 4 French Toast Sticks and 2 sausage links in boat. Keep covered in warmer. Offer syrup on the side.

Updated 7.30.25

### Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	2.000
<b>Grain</b>	2.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

### Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
<b>Calories</b>	385.70
<b>Fat</b>	17.70g
<b>Saturated Fat</b>	3.60g
<b>Trans Fat</b>	0.14g
<b>Cholesterol</b>	60.00mg
<b>Sodium</b>	485.40mg
<b>Carbohydrates</b>	38.00g
<b>Fiber</b>	3.30g
<b>Total Sugar</b>	9.00g
<b>Added Sugar</b>	8.00g
<b>Protein</b>	18.20g
<b>Vitamin A</b> 0.00mcg RAE	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 41.71mg	<b>Iron</b> 2.70mg

### Nutrition - Per 100g

No 100g Conversion Available