

Biscuit and Gravy with Sausage Links

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Complex Food Prep
Meal Type:	Lunch	Recipe ID:	R-54518

Ingredients

Description	Measurement	DistPart #
BISCUIT WGRAIN EZ SPLIT	1 Each	631902
GRAVY SAUS CNTRY STYLE	3/8 Cup	125350
SAUSAGE TKY LNK BKFST CKD	2 Each	352740

Preparation Instructions

Biscuit: Follow directions on box

Gravy: Heat in 350 degree oven approx. 30 minutes. Portion 3oz in paper 4oz cup with lid.

Sausage links: Follow directions on box

Serving= Put 1 biscuit, 2 sausage links in boat. Keep covered in warmer. Add gravy to boat and serve.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	416.00
Fat	23.32g
Saturated Fat	11.28g
Trans Fat	0.00g
Cholesterol	67.60mg
Sodium	970.00mg
Carbohydrates	33.08g
Fiber	2.00g
Total Sugar	2.00g
Added Sugar	2.00g
Protein	19.04g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 177.60mg	Iron 2.22mg

Nutrition - Per 100g

No 100g Conversion Available
