

Mashed Potatoes

Servings:	39.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-11918
School:	New Prairie Elementary School	Grams Per Serving:	19.26

Ingredients

Description	Measurement	DistPart #
POTATO PRLS EXCEL	26 1/2 Ounce	146581
Tap Water for Recipes	17 Cup	000001WTR

Preparation Instructions

- 1: Pour 4 Liters (1 gallon plus 1 cup) of hot water (170-190°F) into 6" deep half-size steamtable pan.
- 2: Add all potatoes and stir for 15 seconds.
- 3: Let stand for 5 minutes, stir and serve.

SERVICE WITH #8 DISHER FOR 1/2 CUP SERVING
CCP: HOLD FOR HOT SERVICE AT 135°F OR HIGHER
CCP: DISCARD LEFTOVERS.

Updated 4.15.24

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.500

Nutrition Facts

Servings Per Recipe: 39.00

Serving Size: 0.50 Cup

Amount Per Serving	
Calories	67.00
Fat	0.42g
Saturated Fat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	92.13mg
Carbohydrates	14.24g
Fiber	1.68g
Total Sugar	0.00g
Added Sugar	0.00g
Protein	0.00g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 8.38mg	Iron 0.25mg

Nutrition - Per 100g

Calories	347.89
Fat	2.17g
Saturated Fat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	478.35mg
Carbohydrates	73.93g
Fiber	8.70g
Total Sugar	0.00g
Added Sugar	0.00g
Protein	0.00g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 43.49mg	Iron 1.30mg