

Chicken Kale Caesar Wrap

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-49356

Ingredients

Description	Measurement	DistPart #
KALE SHRD BLND	50 Cup	619052
LETTUCE ROMAINE CHOP	50 Cup	735787
DRESSING CAESAR	9 1/2 Cup	818201
Chicken, Diced, Cooked, Frozen	200 Ounce	100101
TORTILLA FLOUR ULTRGR 9"	100 Each	523610

Preparation Instructions

1. Wash and drain kale and romaine.
2. Combine kale, romaine, and dressing in a large bowl. Mix dressing into greens.
3. Place desired number of tortillas on sheet pans lined with parchment paper.
4. Using a #4 scoop, portion 1 cup of salad mixture onto the center of each tortilla.
5. Using a #12 scoop, portion 2 oz of diced chicken on top salad mixture in the center of each wrap.
6. Roll in the form of a burrito and seal. Cut diagonally in half.
7. CCP: Hold for cold service at 41 degrees F or lower.

Updated 7.25.25

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.250
Fruit	0.000
DarkGreen	0.500
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	341.53
Fat	15.84g
Saturated Fat	4.02g
Trans Fat	0.00g
Cholesterol	49.60mg
Sodium	410.16mg
Carbohydrates	33.05g
Fiber	4.16g
Total Sugar	3.70g
Added Sugar	0.76g
Protein	17.37g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 75.98mg	Iron 1.84mg

Nutrition - Per 100g

Calories	453.62
Fat	21.04g
Saturated Fat	5.34g
Trans Fat	0.00g
Cholesterol	65.88mg
Sodium	544.77mg
Carbohydrates	43.90g
Fiber	5.52g
Total Sugar	4.91g
Added Sugar	1.01g
Protein	23.08g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 100.91mg	Iron 2.44mg