

Buttered Corn

Servings:	10.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-16425

Ingredients

Description	Measurement	DistPart #
CORN CUT IQF	5 Cup	283730
BUTTER ALT LIQ NT	10 Tablespoon	614640

Preparation Instructions

Wash hands. Refer to our Standard Operating Procedures (SOP).

To steam place into steam pan and cook following manufacturer's directions. Once cooked drain liquid off and add butter alternative. Lightly mix butter to coat corn.

CCP: Hot vegetables should be cooked to 135° F held for 15 seconds.

Updated 1.26.24

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.500

Nutrition Facts

Servings Per Recipe: 10.00

Serving Size: 0.50 Cup

Amount Per Serving	
Calories	200.00
Fat	14.50g
Saturated Fat	2.50g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	85.00mg
Carbohydrates	18.00g
Fiber	2.00g
Total Sugar	2.00g
Added Sugar	0.00g
Protein	3.00g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 3.40mg	Iron 0.40mg

Nutrition - Per 100g

No 100g Conversion Available
