

Hamburger

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-38273

Ingredients

Description	Measurement	DistPart #
BEEF PTY 5/ 80/20	1 Each	482790
BUN HAMB SLCD WGRAIN WHT 4 10-12CT	1 Each	266546

Preparation Instructions

Updated 8.4.25

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	380.00
Fat	20.00g
Saturated Fat	7.50g
Trans Fat	1.00g
Cholesterol	60.00mg
Sodium	290.00mg
Carbohydrates	25.00g
Fiber	3.00g
Total Sugar	4.00g
Added Sugar	3.00g
Protein	22.00g
Vitamin A 0.00mcg RAE	Vitamin C 0.00mg
Calcium 30.00mg	Iron 3.80mg

Nutrition - Per 100g

No 100g Conversion Available