***Ironwood Area School District***

*News*

**School Information:** School meals meet the nutrition standards established by the United States Department of Agriculture for the National School Lunch Program. All meals served with milk and are subject to change. This institution is an equal opportunity provider.

Free Lunch

For all students

Students must take a reimbursable meal to consider it FREE. We offer 5 different food groups and students must take at least 3 of the 5 and 1 has to be a fruit or vegetable.

**Enter Text Here**



Slice of Hot Yummy

Pizza

Celery Sticks

 w/ Ranch

Pineapple

Choice of Milk

Rib-Q (6th-12th)

Sloppy Joes

(4’s-5th)

Pickles

Carrot Wedges

Applesauce Cups

Choice of Milk

Walking Tacos

Shredded Cheese & Lettuce

Mexican Rice

Mexican Fruit Salad

Choice of Milk

Sub Sandwiches

Baby Carrots

Fresh Fruit

Sub Fixings

Choice of Milk

Crispy Chicken Drumstick

K-6 Chicken Nuggets

Mashed Potatoes w/Gravy, Sweet Corn

Dinner Roll, Fruit

Choice of Milk

(6th-12th) Calzones

(4’s-5th) Pizza Sticks

Celery Sticks

Pears

Choice of Milk

Deluxe Cheese Burgers

Lettuce, Tomato, Onions

French Fries

Peaches

Choice of Milk

Breakfast for Lunch

French Toast Sticks

w/ Syrup

Sausage Links

Orange Juice

Choice of Milk

Beefy Cheesy

 Nachos

w/ diced tomatoes & Cowboy Caviar

Fruit Salad

Choice of Milk

Slice of Hot Cheesy Pizza

Celery Sticks w/ranch

Pineapple

Choice of Milk





Chicken Nuggets

Mac & Cheese

Fresh Veggies

Oranges Smiles

Choice Milk

Lasagna

Garlic Bread

Tossed Salad

Peaches

Choice Milk

Chicken Ranch Wrap w/ Romaine Ribbons

Cottage Cheese

Broccoli Salad

Fruit Cups

Choice of Milk

Bosco Sticks

Marinara Sauce

Mixed Salad Greens

Pears

Choice of Milk

Pasties

Cole Slaw

Fruit Juice Cups

Milk

Taco Salad

Shredded Cheese & Lettuce

Mexican Rice

Mexican Fruit Salad

Choice of Milk

Crispy Chicken Drumstick

K-6 Chicken Nuggets

Mashed Potatoes w/Gravy, Sweet Corn

Dinner Roll, Fruit

Choice of Milk

Sub Sandwiches

Baby Carrots

Fresh Fruit

Sub Fixings

Choice of Milk