

MCAS Lunch HB - 2019/2020

MONDAY

Date _____

Subgroup						Cost	Food Used and/or Recipe #	Order #	Serving Size		Total Prepared	Amount Leftover	Amount Served	Number Servings
R	G	S	L	O	Portion				Weight					
HARVEST BAR														
	x						Fresh Greens	182570	1 Cup					
							Carrot Sticks	510637	1/2 Cup					
							Sliced Pears	262706	1/2 Cup					
							Fresh Fruit		1/2 Cup					
							Mexi Cali Corn Salad	Recipe	1/2 Cup					
							Raisins	544426	1/2 Cup					
COLD SAND/SALAD														
							PBJ Combo	Recipe	1 Each					
							Turkey Chef Salad	Recipe	1 Each					
							Meatless Chef Salad	Recipe	1 Each					
							Veggie Wrap	Recipe	1 Each					
							Sweet Chili Chicken Wrap	Recipe	1 Each					
							Protein Box	Recipe	1 Each					
CONDIMENTS														
							Ketchup	GFS 571720						
							Mustard	GFS 700051						
							Mayo	GFS 433744						
							Ranch Salad Packs/Ranch Cups	745361/52976						
							Small Ranch Packets	GFS 699981						
							Honey French/Honey Mustard	266515/52977						
							Caesar Dressing	GFS 135951						
							Italian Dressing	GFS 140931						
							Franks Red Hot Sauce	GFS 282944						

Comments/Signature:

MCAS Lunch HB - 2019/2020

TUESDAY

Date _____

Subgroup						Cost	Food Used and/or Recipe #	Order #	Serving Size		Total Prepared	Amount Leftover	Amount Served	Number Servings
R	G	S	L	O	Portion				Weight					
HARVEST BAR														
	x						Fresh Greens	182570	1 Cup					
							Mandarin Oranges	612448	1/2 Cup					
							Fresh Fruit		1/2 Cup					
							Pasta Salad	Recipe	1/2 Cup					
							Raisins	544426	1/2 Cup					
COLD SAND/SALAD														
							PBJ Combo	Recipe	1 Each					
							Southwest Grilled Chicken Salad	Recipe	1 Each					
							Cobb Salad	Recipe	1 Each					
							Cali Avocado Sandwich	Recipe	1 Each					
							Caprese Ciabatta Sandwich	Recipe	1 Each					
							Protein Box	Recipe	1 Each					
CONDIMENTS														
							Ketchup	GFS 571720						
							Mustard	GFS 700051						
							Mayo	GFS 433744						
							Ranch Salad Packs/Ranch Cups	745361/52976						
							Small Ranch Packets	GFS 699981						
							Honey French/Honey Mustard	266515/52977						
							Caesar Dressing	GFS 135951						
							Italian Dressing	GFS 140931						
							Franks Red Hot Sauce	GFS 282944						

Comments/Signature:

MCAS Lunch HB - 2019/2020

WEDNESDAY

Date _____

Subgroup						Cost	Food Used and/or Recipe #	Order #	Serving Size		Total Prepared	Amount Leftover	Amount Served	Number Servings
R	G	S	L	O	Portion				Weight					
HARVEST BAR														
	x						Fresh Greens	182570	1 Cup					
x							Sliced Tomatoes	438197	1 slice					
							Sliced Cheese	150260	1 slice					
							Pickles	242667	4 each					
							Peaches	Comm or 610267	1/2 Cup					
							Fresh Fruit		1/2 Cup					
							Smashed Potato Salad	Recipe	1/2 cup					
							Raisins	544426	1/2 Cup					
COLD SAND/SALAD														
							PBJ Combo	Recipe	1 Each					
							Meatless Chef Salad	Recipe	1 Each					
							Chicken Caesar Salad	Recipe	1 Each					
							Chipotle Turkey Wrap	Recipe	1 Each					
							Veggie Wrap	Recipe	1 Each					
							Protein Box	Recipe	1 Each					
CONDIMENTS														
							Ketchup	GFS 571720						
							Mustard	GFS 700051						
							Mayo	GFS 433744						
							Ranch Salad Packs/Ranch Cups	745361/52976						
							Small Ranch Packets	GFS 699981						
							Honey French/Honey Mustard	266515/52977						
							Caesar Dressing	GFS 135951						
							Italian Dressing	GFS 140931						
							Franks Red Hot Sauce	GFS 282944						

Comments/Signature:

MCAS Lunch HB - 2019/2020

THURSDAY

Date _____

Subgroup						Cost	Food Used and/or Recipe #	Order #	Serving Size		Total Prepared	Amount Leftover	Amount Served	Number Servings
R	G	S	L	O	Portion				Weight					
HARVEST BAR														
	x						Fresh Greens	182570	1 Cup					
x							Diced Tomatoes	786543	1/4 Cup					
x							Salsa	452841	1/4 Cup					
							Jalapeno Peppers	466240	1/4 Cup					
							Pineapple	GFS 189952	1/2 Cup					
							Fresh Fruit		1/2 Cup					
							Raisins	544426	1/2 Cup					
COLD SAND/SALAD														
							PBJ Combo	Recipe	1 Each					
							Asian Chicken Salad	Recipe	1 Each					
							Buffalo Chicken Salad	Recipe	1 Each					
							Caprese Ciabatta Sandwich	Recipe	1 Each					
							Roast Beef Sandwich	Recipe	1 Each					
							Protein Box	Recipe	1 Each					
CONDIMENTS														
							Ketchup	GFS 571720						
							Mustard	GFS 700051						
							Mayo	GFS 433744						
							Ranch Salad Packs/Ranch Cups	745361/52976						
							Small Ranch Packets	GFS 699981						
							Honey French/Honey Mustard	266515/52977						
							Caesar Dressing	GFS 135951						
							Italian Dressing	GFS 140931						
							Franks Red Hot Sauce	GFS 282944						

Comments/Signature: _____

MCAS Lunch HB - 2019/2020

Friday

Date _____

Subgroup						Cost	Food Used and/or Recipe #	Order #	Serving Size		Total Prepared	Amount Leftover	Amount Served	Number Servings
R	G	S	L	O	Portion				Weight					
HARVEST BAR														
	x						Fresh Greens	182570	1 Cup					
							Fresh Veggies (List):		1/2 Cup					
							Fresh Fruit (List)		1/2 Cup					
							Cinnamon Applesauce	Recipe	1/2 Cup					
							Raisins	544426	1/2 Cup					
COLD SAND/SALAD														
							PBJ Combo	Recipe	1 Each					
							Grilled Chicken Spinach Salad	Recipe	1 Each					
							Meatless Chef Salad	Recipe	1 Each					
							All American Ham & Cheese	Recipe	1 Each					
							Turkey Salad Croissant	Recipe	1 Each					
							Protein Box	Recipe	1 Each					
CONDIMENTS														
							Ketchup	GFS 571720						
							Mustard	GFS 700051						
							Mayo	GFS 433744						
							Ranch Salad Packs/Ranch Cups	745361/52976						
							Small Ranch Packets	GFS 699981						
							Honey French/Honey Mustard	266515/52977						
							Caesar Dressing	GFS 135951						
							Italian Dressing	GFS 140931						
							Franks Red Hot Sauce	GFS 282944						

Comments/Signature: _____