



Simplot Simple Goodness™
 RTE Peas and Diced Carrots
 Pack: 1/20lb
 SKU: 10071179953661

USDA National Child Nutrition Program Product Specification Sheet

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.20 oz.	½ cup cooked, drained vegetable	n/a	100.00

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Peas, Green, frozen Includes USDA Foods	Starchy	1.92	X	9.59 / 16	1.1508
Carrots, frozen Diced	Red/Orange	1.28	X	10.66 / 16	0.8528

Each 3.20 ounce serving of the product above contains 1/4 cup Starchy vegetable, 1/8 cup Red/Orange vegetable, and 1/8 cup Additional vegetable.

VEGETABLE / BLEND, FROZEN: Packed to U.S. Grade A Standards*. To contain 60% Peas, 40% Diced Carrots.

*Simplot internal grading program, modeled after USDA standards.

Nutrition

Serving Size: 3.20 oz.

Calories: 60

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	15mg	1%
Total Carbohydrates	11g	4%
Dietary Fiber	4g	14%
Total Sugars	4g	
Includes 0g Added Sugars		0%
Protein	3g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	1.1mg	6%
Potassium	170mg	4%
Vitamin A	100mcg	10%
Vitamin C	10mg	10%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

PEAS, CARROTS.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
 Regulatory Manager
 03/09/2023

Product Specification

Country of Origin	Product of USA
Meets Buy American Provision	Y
Smart Snacks Compliant	Y
Halal	N
Kosher	Y
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- 6-day refrigerated shelf life
- Thaw and serve
- Sweet, tender peas with farm-fresh flavor and bright green color
- Consistent year-round quality and pricing
- Individually quick frozen for easy portioning and no waste

Shipping Information

Gross Weight	21.5lb
Net Weight	20lb
Length	13.375 in
Width	9.625 in
Height	8.125 in
Case Cube	.605
Tie High	15X7
Shelf Life	730 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

This versatile, speed scratch ingredient is recipe-ready for sides, salads, soups and more.

Preparation Instructions For Food Safety And Quality

KEEP FROZEN UNTIL READY TO USE IF THAWED, DO NOT REFREEZE

THAW AND SERVE Thaw unopened package no more than six days at 40°F.

STOVE TOP (optional) Bring 5 quarts of water to a boil on HIGH. Add 2½ pounds of frozen vegetables and cook for 6 minutes, stirring as needed.

STEAMER (optional) Arrange 2½ pounds of frozen vegetables in a slotted full-size steam table pan. Steam for 4 minutes.



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3.20 oz.	½ cup thawed vegetable	n/a	100.00

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Kosher	Y
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

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