

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	VEGETABLE / CORN, FROZEN: 10071179187097 Simplot Simple Goodness™ Simply Sweet Cut Corn, 1/20 LB. To be packed to U.S. Grade A Standard.
-------------------------------	---

SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2.91 oz.	½ cup cooked vegetable	n/a	109.96

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Corn, frozen Whole Kernel, Includes USDA Foods	Starchy	2.91	x	11.00 / 16	2.00
Each 2.91 ounce serving of the product above contains 1/2 cup Starchy vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																										
Corn.	<table border="1"> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <td>Serving size</td> <td>2.91 oz (82g)</td> </tr> <tr> <td>Amount per serving</td> <td></td> </tr> <tr> <td>Calories</td> <td>90</td> </tr> <tr> <td colspan="2">% Daily Value*</td> </tr> <tr> <td>Total Fat 0.5g</td> <td>1%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td>0%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 0mg</td> <td>0%</td> </tr> <tr> <td>Total Carbohydrate 19g</td> <td>7%</td> </tr> <tr> <td>Dietary Fiber 2g</td> <td>7%</td> </tr> <tr> <td>Total Sugars 3g</td> <td></td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td>Protein 2g</td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td>0%</td> </tr> <tr> <td>Calcium 0mg</td> <td>0%</td> </tr> <tr> <td>Iron 0.4mg</td> <td>2%</td> </tr> <tr> <td>Potassium 180mg</td> <td>4%</td> </tr> <tr> <td>Vitamin A 0mcg</td> <td>0%</td> </tr> <tr> <td>Vitamin C 5mg</td> <td>6%</td> </tr> </table> <p><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small></p>	Nutrition Facts		Serving size	2.91 oz (82g)	Amount per serving		Calories	90	% Daily Value*		Total Fat 0.5g	1%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 0mg	0%	Total Carbohydrate 19g	7%	Dietary Fiber 2g	7%	Total Sugars 3g		Includes 0g Added Sugars	0%	Protein 2g		Vitamin D 0mcg	0%	Calcium 0mg	0%	Iron 0.4mg	2%	Potassium 180mg	4%	Vitamin A 0mcg	0%	Vitamin C 5mg	6%
Nutrition Facts																																											
Serving size	2.91 oz (82g)																																										
Amount per serving																																											
Calories	90																																										
% Daily Value*																																											
Total Fat 0.5g	1%																																										
Saturated Fat 0g	0%																																										
Trans Fat 0g																																											
Cholesterol 0mg	0%																																										
Sodium 0mg	0%																																										
Total Carbohydrate 19g	7%																																										
Dietary Fiber 2g	7%																																										
Total Sugars 3g																																											
Includes 0g Added Sugars	0%																																										
Protein 2g																																											
Vitamin D 0mcg	0%																																										
Calcium 0mg	0%																																										
Iron 0.4mg	2%																																										
Potassium 180mg	4%																																										
Vitamin A 0mcg	0%																																										
Vitamin C 5mg	6%																																										
ALLERGENS PRESENT																																											
<input checked="" type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish																																											
ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																										
<input checked="" type="checkbox"/> Gluten Free <input type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input checked="" type="checkbox"/> Kosher <input type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input checked="" type="checkbox"/> Meets Buy America Provision	Product of USA																																										

COOKING INSTRUCTIONS	
Stove Top	Bring 5 quarts of water to a boil on HIGH. Add 2.5 lbs. of frozen vegetables and cook for 4 minutes, stirring as needed.
Microwave Oven (1100 Watts)	Add 2.5 lbs. of frozen vegetables and 2 Tbsp. of water to a microwave safe dish. Cover and cook on HIGH for 14 minutes, stirring halfway through cook time.
To Serve Cold	Prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				*Information may vary slightly by production facility	
Gross Weight	21.50 LB	Case Cube (ft.³)*	0.64	Pallet TI / HI*	15 / 7
Outer Case Dimensions (L x W x H)*	13.375" x 9.375" x 8.875"		Shelf-Life	24 months	

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley
Kelsey Farley
Senior Regulatory Specialist