



# USDA Foods in Schools

**110931 - Egg Patty**  
**Category: Meat/Meat Alternate**



### Product Description

- This item is Grade A, AA, or Nest-Run frozen, fully-cooked, scrambled, round patty made from pasteurized whole eggs with a color stabilizer. Egg patties are 3.25—3.5 inches in diameter and are frozen in a 25 pound plastic-lined cardboard case.

### Crediting/Yield

- One case of egg patties yields approximately 300-320 1.25 ounce portions.
- CN Crediting: 1 egg patty (1.25 ounces) yields 1 ounce equivalent meat/meat alternate.

### Culinary Tips and Recipes

- Egg patties can be used to make breakfast sandwiches or used as a foundation to make breakfast tacos.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA’s Team Nutrition](#).

### Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

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## Nutrition Facts

Serving size: 1 patty (35 g)/1 MMA egg patty

### Amount Per Serving

**Calories** 70

**Total Fat** 6g

Saturated Fat 1.5g

Trans Fat 0g

**Cholesterol** 125mg

**Sodium** 110mg

**Total Carbohydrate** 1g

Dietary Fiber 0g

Sugars 0g

**Protein** 3g

Source: USDA Foods Vendor Labels

**Allergen Information:** Contains eggs and may contain milk. Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product

Nutrient values in this section are from the USDA FoodData Central or are representative values from USDA Foods vendor labels. Please refer to the product’s Nutrition Facts label or ingredient list for product-specific information.