



WHOLE GRAIN BUFFALO CHICKEN *RIPPERS*®

Product Information

Topped with creamy cheese, zesty buffalo sauce, and savory chicken pieces, these whole grain rippers are absolutely delicious. Pull apart into three breadsticks for a fun to eat pizza style square that everyone will enjoy!

Product Handling

- Keep frozen. Allow to thaw prior to cooking.
- Cook for 9-12 minutes in a 325 - 350°F convection oven.
- Product appears to be cooked but is not and needs to be cooked to an internal temp of 165°F.

Features/Benefits

- Three pull apart portions
- Pork free
- Available individually wrapped
- Each *Rippers*® provides 2 meat/meat alternate and 2 oz. grains

Ideal Use

- Lunch
- Dinner



Good Source Product Type



11/17

Item No.

093B
053M

Product Description

Rippers®, Buffalo Chicken, WG
Rippers®, Buffalo Chicken, WG, IW

Pack

105/4 oz.
105/4 oz.

Food Based Statement

2 M/MA & 2 Grain EQ
2 M/MA & 2 Grain EQ

Product Ingredients

Breadstick (Water, White Whole Wheat Flour, Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Yeast, Canola Oil, Dextrose, Sugar, Salt, Soybean Oil, Diacetyl Tartaric Acid Esters Of Mono-diglycerides, Granulated Garlic, Dehydrated Onion, White Pepper, Calcium Sulfate, Guar Gum, Monoglycerides, Ammonium Sulfate, Ascorbic Acid Added As A Dough Conditioner, Potassium Iodate, And Enzymes), Mozzarella Cheese (Pasteurized Part Skim Milk, Cultures, Salt And Enzymes), Fajita Flavored White Chicken Meat (White Chicken Meat, Water, Isolated Soy Protein, Fajita Seasoning [Salt, Black Pepper, Onion Powder, Garlic Powder, Maltodextrin, Sugar, Dextrose, Tapioca Starch, Chili Powder (Red Pepper, Ground Oregano, Ground Cumin), Natural Grill Flavor (Maltodextrin, Natural Flavors, Modified Food Starch, Corn Syrup Solids, Tricalcium Phosphate), Lemon Juice Powder (Corn Syrup Solids, Lemon Juice Solids, And Natural Flavor {Containing Sulfites}), Dextrose, Red Pepper, Vinegar Powder (Citric Acid, Sodium Diacetate, Potassium Citrate, Glucono-delta-lactone), Citric Acid, Refined Soybean Oil, Natural Smoke Flavor And Less Than 2% Silicon Dioxide Added To Prevent Caking], Salt, Modified Food Starch, Sodium Phosphate, Black Pepper, Natural Smoke Flavoring), Water, Buffalo Wing Sauce (Distilled Vinegar, Aged Cayenne Red Peppers, Salt, Water, Canola Oil, Paprika, Xanthan Gum, Natural Butter Type Flavor And Garlic Powder), Contains Less Than 2% Of Blue Cheese Crumble (Blue Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Powdered Cellulose, Natamycin To Protect Flavor), Buffalo Seasoning (Sugar, Salt, Sodium Diacetate, Maltodextrin, Paprika, Chile, Butter Flavor [Dextrose, Cornstarch And Contains Less Than 2% Silicon Dioxide], Dehydrated Garlic, Dehydrated Onion, Spices, Citric Acid, Oleoresins Of Turmeric, Paprika And Flavorings, Silicon Dioxide [Prevents Caking]), Cellulose (Anti-caking), Jalapeno Peppers (Water, Distilled Vinegar, Salt, Contains Less Than 2% Of Calcium Chloride, Garlic Powder), Food Starch Modified, Soy Protein Isolate.

Allergens

Milk, Soy, Wheat.

Food Based Compliant

Each 4 oz. **Rippers®** provides 2 meat/meat alternate and 2 oz. grains equivalent.

Nutrition Facts



Serving Size: 3 sticks (4 oz./113g)

Calories: 250

Calories from Fat: 90

<i>Amount Per Serving</i>					<i>% Daily Value</i>
Total Fat	10g	13%	Sugars	2g	
Saturated Fat	3.5g	18%	Protein	14g	
Trans Fat	0g		Vitamin A		---%
Cholesterol	25mg	8%	Vitamin C		---%
Sodium	590mg	26%	Calcium		15%
Total Carbohydrate	27g	10%	Iron		10%
Dietary Fiber	3g	11%	Zinc		---

Percent daily values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

***The information on this panel is for general purposes only. Nutrition information is based on current data. The possibility exists that manufacturers may change their formulation without Good Source's knowledge.*

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