

Product Formulation Statement (PFS) for Documenting Vegetables and Fruits

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Specific vegetable subgroups must be offered weekly and fruit must be served daily for the National School Lunch Program. For more detailed information on meal pattern requirements see the Nutrition Standards for School Meals Website at

http://www.fns.usda.gov/cnd/Governance/Legislation/nutritionstandards.htm.

Product Name: 125 mL Tropical Twist Code: 24023 / 24023TPF

Manufacturer: APPLE & EVE Serving Size: 4.23 oz

I. Vegetable Component

Please fill out the chart below to determine the creditable amount of vegetables.

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount ¹ (quarter cups)	
Sweet Potato Juice	Other	0.913	X		.456	
Purple Carrot	Other	0.440	X		.22	
Beet Juice	Other	0.038	X		.019	
Tomato Juice	Other	0.004	X		.002	
	Total Cred	litable Vegetable A	Amount:		.6975	
	1.422					
 ¹FBG calculations of quarter cup to cup of Vegetables and veg 	Total Cups Beans/Peas (Legumes)					
 continue to credit a At least ½ cup of re component or a spe The other vegetable green, red/orange, a 	Total Cups Dark Green					
 School food author requirement for the Please note that raw meals (For example 	Total Cups Red/Orange					
may credit towards both in the same me into the school mea how legumes contri	Total Cups Starchy					
component. See ch The PFS for meat/n towards the meat al	Total Cups Other	2.1195				

I certify the above information is true and correct and that $\underline{4.23}$ ounce serving of the above product contains $\underline{1/2}$ cup(s) of \underline{Other} vegetables.

(vegetable subgroup)

II. Fruit Component

Please fill out the chart below to determine the creditable amount of fruits.

Description of Creditable Ingredient per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount ¹ (quarter cups)
Apple	.896	X		.448
Pear	.841	X		.4205
White Grape	.406	X		.203
Jujube	.621	X		.3105
Passionfruit	.042	X		.021
Cherry	.038	X		.019
	1.422			

- ¹FBG calculations for fruits are in quarter cups. See chart below for quarter cup to cup conversions.
- Fruits and fruit purees credit on volume served.

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- At least ½ cup of recognizable fruit is required to contribute towards the fruit component.
- Please note that dried fruits credit as double the volume served in school meals (For example, ½ cup raisins credits as 1 cup fruit).

I certify the above information is true and correct and that __ounce serving of the above product contains __cup(s) of fruit.

Quarter Cup to Cup Conversions*

- 0.5 Quarter Cups = $\frac{1}{8}$ Cup vegetable/fruit or 0.5 ounces of equivalent meat alternate
- 1.0 Quarter Cups = \frac{1}{4} Cup vegetable/fruit or 1.0 ounce of equivalent meat alternate
- 1.5 Quarter Cups = $\frac{3}{8}$ Cup vegetable/fruit or 1.5 ounces of equivalent meat alternate
- 2.0 Quarter Cups = ½ Cup vegetable/fruit or 2.0 ounces of equivalent meat alternate
- 2.5 Quarter Cups = \(\frac{5}{8} \) Cup vegetable/fruit or 2.5 ounces of equivalent meat alternate
- 3.0 Quarter Cups = 3/4 Cup vegetable/fruit or 3.0 ounces of equivalent meat alternate
- 3.5 Quarter Cups = 7/8 Cup vegetable/fruit or 3.5 ounces of equivalent meat alternate
- 4.0 Quarter Cups = 1 Cup vegetable/fruit or 4.0 ounces of equivalent meat alternate
- *The result of 0.9999 equals 1/8 cup but a result of 1.0 equals 1/4 cup

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