



# 33212 - WG CHEESE & BEAN BURRITOS, 4.5 OZ. IW, CN

## Nutrition Facts

Serving Size 1 BURRITO (4.50 OZ.) 128g  
Servings Per Container 96

### Amount Per Serving

**Calories 310** **Calories from Fat 90**

### % Daily Value\*

**Total Fat** 9 g 15%

Saturated Fat 4 g 20%

Trans Fat 0 g

**Cholesterol** 10 mg 3%

**Sodium** 580 mg 24%

**Potassium** 0 mg 0%

**Total Carbohydrate** 40 g 13%

Dietary Fiber 9 g 36%

Sugars 4 g

**Protein** 16 g

Vitamin A 8 % • Vitamin C 6 %

Calcium 20 % • Iron 15 %

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Sat Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total 300g 375g

Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

## Product Specifications

<b>GTIN</b>	10075278332129	<b>Case Net Weight</b>	27 LB
<b>Item UPC</b>	075278332122	<b>Case L,W,H</b>	18.81 IN, 11.06 IN, 7.88 IN
<b>EDI UPC</b>	007527833212	<b>Cube</b>	0.95 FT
<b>Unit Size</b>	1/96 CNT	<b>Tie x High</b>	9 x 7
<b>Case Gross Weight</b>	29.33 LB	<b>Kosher Status</b>	No

## Features & Benefits

- 4.5 OZ. CHEESE & BEAN BURRITO
- PINTO BEANS, AMERICAN CHEESE, GREEN CHILI, ONION WRAPPED IN A WHOLE GRAIN RICH BLEND OF WHEAT, STONE GROUND CORN MASA AND SOY FLOUR TORTILLA
- 16g PROTEIN PER SERVING
- CN LABELED - SERVES 2 OZ. M/MA & 2 OZ. EQUIVALENT GRAINS

## CN Information

CN LABELED - CN NUMBER 087416 - CN DATE 05-13  
EACH 4.50 OZ. BURRITO PROVIDES 2.00 OZ. EQUIVALENT MEAT ALTERNATE AND 2.00 OZ EQUIVALENT GRAINS.

## Ingredients

TORTILLA (WHEAT FLOURS [WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR {WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID}], WATER, SOY FLOUR, SOYBEAN OIL, WHOLE GRAIN CORN FLOUR [STONEGROUND WHOLE WHITE CORN, CELLULOSE GUM, TRACE OF LIME], SALT, GUAR GUM, ANNATTO, TURMERIC), WATER, PASTEURIZED PROCESSED AMERICAN CHEESE (AMERICAN CHEESES [MILK, CHEESE CULTURE, SALT, ENZYMES], WATER, SODIUM CITRATE, MILKFAT, SALT, COLOR [ANNATTO, APOCAROTENAL]), PINTO BEANS, GREEN CHILIES (GREEN CHILIES, CITRIC ACID), CONTAINS 2% OR LESS OF ONION, SOY FLOUR, SOYBEAN OIL, ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN), SALT, CHILI POWDER (CHILI PEPPER, SPICES, SALT, GARLIC POWDER), PAPRIKA, SPICE, GARLIC POWDER, SODIUM ALGINATE. CONTAINS: WHEAT, BEAT, SOY, AND MILK.

## Preparation and Cooking

HEATING INSTRUCTIONS: DO NOT REMOVE WRAPPER  
CONVENTIONAL OVEN 325°F: FROZEN - 20-25 MINUTES; THAWED - 14-20 MINUTES  
CONVECTION OVEN 300°F: FROZEN - 14-20 MINUTES; THAWED - 12-18 MINUTES  
MICROWAVE OVEN: FROZEN - 2-3 MINUTES; THAWED - 1-2 MINUTES  
INTERNAL PRODUCT TEMPERATURE SHOULD REACH 160°F. CAUTION: PRODUCT WILL BE HOT. TIMES AND TEMPERATURES MAY VARY BASED UPON ACTUAL EQUIPMENT. ADJUST ACCORDINGLY.

## Shelf Life

TOTAL MFR. FROZEN SHELF LIFE IS 365 DAYS FROM DATE OF PACK

